

PROVIDER ALERT

Level of Care Guidelines Updates

November 15, 2019

Alert Summary: Level of Care Guidelines (LOCGs) will be revised and updated effective December 14th, 2019.

Dear Provider:

Optum is adopting the Level of Care Utilization System (LOCUS), the Child and Adolescent Service Intensity Instrument (CASII) and the Early Childhood Service Intensity Instrument (ECSII) for guidance on clinical criteria decisions for the treatment of behavioral health conditions. For additional information, updates and training regarding the LOCUS, CASII or ECSII, please visit Provider Express > Clinical Resources > Guidelines and Policies > Adoption of LOCUS CASII ECSII.

As of December 14, 2019, the Level of Care Utilization System (LOCUS) will provide guidance on clinical criteria decisions for the treatment of Mental Health Intensive Outpatient Services for Adults so the current LOCGs will be retired. In addition, we took the opportunity to revise and update all of the current LOCGs to align with the adoption of the LOCUS, CASII and ECSII initiative. For your convenience, we will be posting two copies of the LOCGs on <a href="https://oppur.com/optumidaho.com/op

Additional revisions to the Optum Idaho Level of Care Guidelines were made to the following:

- 1. **Behavioral Health Outpatient**: Comprehensive Diagnostic Assessment (CDA) to include ASAM criteria, functional assessment tool, and treatment planning.
- Extended Office visit LOCGs: These will follow Optum national policy. Learn more on Provider
 <u>Express</u> > Clinical resources > Guidelines > Supplemental Clinical Criteria > Extended Outpatient
 Psychotherapy. Skills Building/CBRS LOCGs contain both adult and children/adolescent criteria.
- Child and Adolescent Needs and Strengths (CANS) and Child and Family Team (CFT)
 LOCGs: These will be retired as these are not levels of care. Information currently contained in
 the LOCGs will be added in the provider manual.
- 4. Testing Services: Psychological and Neuropsychological Testing will use Optum's National Testing Guidelines. Some service specific LOCGs were revised for clarification. However, the core criteria to access services were not changed. Additional details can be found on <u>Provider Express</u> > Clinical Resources > Guidelines > Psych Testing > Psych Neuro Testing.
- 5. Recovery Coaching, Partial Hospitalization and Crisis Centers effective 1/1/2020.

Additional information is located at <u>optumidaho.com</u>. Please contact your Regional Network Manager if there are any questions about these topics.

Thank you, The Optum Idaho Team